Basic Instructions for completing the online RELATE questionnaire

Thank you very much for participating in the telephone interview we had recently, and for doing the communication task. This means that you can move on to the next stage of the study, completing the online RELATE questionnaire. The RELATE questionnaire is designed for each of you to answer privately. The questionnaire asks each of you about your background, beliefs and attitudes towards relationships, and perceptions of your own relationship. It should take each of you between 45 minutes and an hour to complete the questionnaire. You can follow the instructions outlined below:

1. Enter http://www.couplestudy.org into the address bar of your internet browser.

2. Enter your access code that you were given by your relationship educator and click on “Enter”.

3. One of you can now complete the RELATE questionnaire (we recommend that you each complete the questionnaire in private). A window asking you to select your gender will have appeared; click on the correct box.

4. The next screen will ask you to give consent for completing RELATE, before proceeding.

5. The following screen will ask you to provide some demographic information about yourself.

6. The screens after this will have questions for different sections of RELATE – we would like you to answer each question on the page, and click “Next” once you have answered all the questions in a section. **You do not have to answer any question that you are uncomfortable with, or any question that you don’t want your partner to know your answer to. However, we do recommend that you answer as many questions as possible, because that increases the accuracy and usefulness of the questionnaire results.**

7. When you have answered all the questions through to Section G, click “Next” and a message will come up, thanking you and letting you know that your partner has not yet completed the questionnaire (if you are the first to complete the questionnaire). Click on “Log Out”.

8. Your partner should then follow the same procedure to complete RELATE.

Please don’t hesitate to contact your relationship educator if you have any questions. We would appreciate it if you could both complete RELATE within the next 5 working days. Our research manager will be able to see when both of you have completed RELATE, and at this point will contact your relationship educator to let her or him know what experimental condition you as a couple have been randomly assigned to (you will receive either a free book, a questionnaire feedback session, or a questionnaire feedback session and then a brief relationship education program). Your relationship educator will then call you to let you know what experimental condition you’re in, and what it involves.